

Training Workshop on Premarital Counseling and Marriage Enrichment (Using Prepare/Enrich)

Trainer: Dr. Simon Yiu Chuen Lee

Premarital counseling and marriage enrichment are important counseling methods to build strong and healthy marriages, much needed in our society where marriage and family problems are on the rise, ending in painful separations and divorces. The Prepare/Enrich program is designed for preventive and educational counseling with couples before problems with relationships become serious and irreversible. The training workshop will train people who are in the helping professions, including doctors, psychologists, marriage and family therapists, social workers, counselors, pastors and pastoral workers, teachers, counseling students and others, with prior training in counseling, to use the Prepare/Enrich inventories in assessing couple relationships accurately and comprehensively, and to use the detailed 15-page computer generated report in counseling.

Each trainee will receive a certificate of attendance with a counselor number that qualifies him or her to start using this useful tool in counseling with couples.

Training Workshop Outline:

| | |
|------------------------------|--|
| Session 1 (4 hrs) | <ul style="list-style-type: none">▶ Overview of the training course▶ Introducing Prepare/Enrich as a tool for assessment of couple relationship▶ Overview of the 5 inventories for 5 different couple groups▶ Introducing couple and family map▶ Introducing administration Procedures |
| Session 2 (4hrs) | <ul style="list-style-type: none">▶ Overview of computer report▶ Training in organizing and giving feedback▶ Demonstrations in couple therapy techniques using the report▶ Introducing the use of inventories in group setting▶ Follow-up and referrals |

As a professor, for 18 years, Dr. Lee has been involved in the training and supervision of counselors and doctor of ministry students. Dr. Lee is currently working at the Chinese University of Hong Kong with the Divinity School of Chung Chi College as Associate Director of Pastoral program. Dr. Lee is an Associate Fellow and Consultant Supervisor of Hong Kong Professional Counseling Association. He has authored or edited over 30 books in the area of family, counseling and spirituality. Dr. Lee had been a weekly columnist at Christian Times, as well as a regular columnist in Mingpao Daily newspapers.