

# Introductory Certificate Program in Psychodynamic Psychotherapy

Co-Sponsored by

**Connexion Psychological Practice Ltd., Hong Kong**

**&**

**Graham Kavanagh Ph.D.,**

**Psychologist-Psychoanalyst, New York City**

Award of the Introductory Certificate in Psychodynamic Psychotherapy requires completion of the following requirements, offered as half- or one-day workshops:

- ✧ 6 half-day workshops on The History and Development of Psychoanalytic Theory & Technique
- ✧ 4 one-day workshops from presentations on Diagnostic and Clinical Entities
- ✧ 5 one-day workshops from presentations on Technical Issues in Psychodynamic Psychotherapy

The *Introductory Certificate Program* also involves a limited supervisory requirement of 10 sessions on one patient treated with psychodynamic psychotherapy. Supervisory sessions are 45 minutes long and may be held in person when Dr. Kavanagh is in Hong Kong or at other times using Skype. Fees for one supervisory session will be HK\$ 1000 Group supervision (HK\$500 per session) may also be available in Hong Kong, if a sufficient number of students wish to participate.

Non-clinicians may fulfill the supervisory requirement by writing a short paper on one aspect of the course of study. A fee would also applied for the work involved.

✧ **6 half-day workshops on *The History and Development of***

***Psychoanalytic Theory & Technique:***

1. *Classical Freudian Psychoanalysis & Ego Psychology*
2. *From Sullivan to Contemporary Interpersonal Psychoanalysis*
3. *Fairbairn, Winnicott and the British School of Object Relations*
4. *Melanie Klein & the Modern Kleinians*
5. *Erik Erikson and Identity, Heinz Kohut and the Self*
6. *Contemporary Freudians-Otto Kernberg, Roy Schafer, Hans Loewald & Jacques Lacan*

✧ **4 one-day workshops from presentations on *Diagnostic and***

***Clinical Entities:***

1. *Symptoms and their Meaning: Interpersonal and Freudian Perspectives*
2. *Diagnosis & Treatment of Borderline Personality Disorder*
3. *Diagnosis & Treatment of Narcissistic Personality Disorder*
4. *Etiology and Treatment of Depression: An Interpersonal Psychoanalytic Perspective*
5. *Psychopathology of Anxiety: Obsessive Compulsive Spectrum Disorders*

✧ **5 one-day workshops from presentations on *Technical Issues in***

***Psychodynamic Psychotherapy:***

1. *Beginning Psychodynamic Psychotherapy: The Frame, Inquiry & Therapist-Patient Relationship*
2. *Transference and Counter transference: a Comparative Perspective*
3. *Clinical Use of Patients' Dreams in Psychodynamic Psychotherapy*
4. *Opening Phase of Psychodynamic Psychotherapy: from Initial Consultation to Working Treatment*
5. *Techniques of Intervention: Interpretation vs. the Detailed Inquiry*
6. *Changing Views of the Therapeutic Alliance*

**Connexion Psychological Practice Ltd.**

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