

# *DIR101 – The Nuts and Bolts of DIR/Floortime® Intervention*

By Maude Le Roux



## **For Enquiry:**

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Connexion Psychological Practice Limited

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## **Workshop Description:**

This workshop will be an overview of the DIR/Floortime® model of the late Dr. Stanley Greenspan. The participant will gain understanding of the theory behind the model, the different research studies behind the model, as well as a thorough understanding of the different developmental levels. The influence of individual differences for each profile will be discussed as well as principles of working with families in this model. DIR/Floortime® is adaptive to any age of development, from early intervention through adolescence. Floortime® techniques will be show cased through case studies with open workshop discussion and participants will find these discussions to be at the intermediate to advanced clinical level.

## **Learning Objectives:**

- Identify challenges of relating and communicating in developing children.
- Explore 6 Functional Emotional Developmental Capacities (FEDCs) in the DIR® model and potential challenges that children face at each capacity.
- Understand the "I" in DIR, individual differences and how health, sensory processing, and regulatory challenges can impact a child's development.
- Discuss key principles and advanced strategies of Floortime® .
- Explore the role of relationship and family in the DIR® Model.
- Understand the essential role of affect as it is related to the D, the I, and the R.
- Discuss influence of attachment on relationships and the DIR® Model.
- Identify floortime strategies through video vignettes and advanced discussion on difficult situations.

## **Maude Le Roux**



Maude is an Occupational Therapist with several years of field and supervisory experience in a variety of therapy fields. She started her career in the field of psychiatric conditions and transitioned over the years to develop a multi-modal practice in pediatrics. She has become an international trainer in different areas of work since 2002. She has been appointed as one of the international training team leaders in the DIR / Floortime Certificate process, as well as Tomatis Sound Therapy and Interactive Metronome. Maude has completed the Master Class in Attachment Focused Psychotherapy and Dyadic Developmental Psychotherapy through Dr. Art Becker Weidman and has also completed the 5-day introduction course of Dr. Daniel Hughes. She serves on the Board for ATTACH for the next 3 years. She designs her own live courses with regards to emotional processing and executive functioning. She is well known for her experience and work with children who carry a diagnosis on the Autism Spectrum, Attachment, Sensory Processing Disorder, and Dyslexia/ Learning Disabilities. Maude is an international speaker and mentor to many professionals internationally. She has co-authored the book, *The Listening Journey*, with Francoise Nicoloff, and her second book, *Our Greatest Allies*, is now available on Amazon.com. Her basic philosophy is that all children can learn, and that therapists are instrumental in finding out the “key” to each child. She enjoys empowering therapists to do just that!

## What is DIRFloortime?

DIRFloortime (also known as Floortime) is an intervention that is used to promote an individual's development through a respectful, playful, joyful, and engaging process. It uses the power of relationships and human connections to promote engagement, communication, positive behaviors, and thinking. It is based on the DIR® model that was developed by Dr. Stanley Greenspan and his colleagues. It is used around the world by teachers, occupational therapists, speech therapists, mental health professionals, parents, and many others that care for individuals with developmental challenges or other related needs. It is an evidence-based approach to promoting human development that is used with children, young adults, and even adults...especially those on the autism spectrum.

This workshop is approved through the ICDL (Interdisciplinary Council for Developmental and Learning Disorders) and will set the course for becoming certificated in this model through ICDL.

### Who should attend?

Occupational therapists, speech language therapists, physiotherapists, psychologists, and social workers working with children experiencing developmental delay across different spectrums of diagnosis including Autism Spectrum Disorder, Down Syndrome, Sensory Processing Disorder, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Attachment Disorder amongst others.

**Language:** English

**Method of Instruction:** PowerPoint, video, case studies

**Level of the Workshop:** Intermediate to Advance

**Venue:** To Be Confirmed

**For More Information of ICDL**

Please refer to: <http://www.icdl.com/>

## Details of workshop

### *DIR101 – The Nuts and Bolts of DIR/Floortime® Intervention*

**Date:** 10-11 June, 2018 (Sunday and Monday)  
**9:30 am - 5:30 pm on both days**

**Fee:**

**HK\$ 3150**

**HK\$ 2950 (Two people enrolled together)**

**HK\$ 2650 (Three people enrolled together)**

### **If enrol this workshop together with Sensory Processing workshop:**

**Fee:**

**HK\$ 5500**

**HK\$ 5300 (Two people enrolled together)**

**HK\$ 5000 (Three people enrolled together)**

**Above fee include a certification fee from ICDL which is HK\$150**

### **Important Notes**

- \* Applications will be processed on a first come-first serve basis
- \* Application will only be secured with payment.
- \* Fees are non-refundable.
- \* Note of acceptance will be sent to applicants by email within 2 weeks upon course commencement.
- \* Course receipt will be distributed to applicants on at the workshop.
- \* Certificate of Attendance will be presented to participant.
- \* If black rainstorm warning signal or typhoon signal no. 8 is hoisted at or after 6:15a.m., any training activity will be cancelled. Details of postponement or other arrangements will be announced afterwards.

## Registration Form

### **Date & Fee:**

- 10-11, June, 2018 (Sunday and Monday)  
9:30am - 5:30pm on both days

**Fee:**

**HK\$ 3150**

**HK\$ 2950 (Two people enrolled together)**

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Please return the completed form with cheque payable to "**Connexion Psychological Practice Ltd.**" by mail, or in person to the following address:

**Suite 1203, Island Beverley, 1 Great George Street, Causeway Bay, H.K.**

**Title:\***  Professor  Dr.  Mr.  Mrs.  
 Ms.

**First Name:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_

**Correspondence Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Tel:** \_\_\_\_\_

\_\_\_\_\_

**Email:** \_\_\_\_\_

\_\_\_\_\_

**Organization:** \_\_\_\_\_

**Position:** \_\_\_\_\_

(CE & CME points are pending)

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**\* Please tick as appropriate. \* Fee paid is not refundable**