

## **Three Day Workshop on Essential Topics in Psychodynamic Psychotherapy**

By Dr. Graham Kavanagh (March 25-27, 2014)

This three day workshop continues an ongoing series that combines workshops on the *History and Development of Psychoanalytic Theory and Technique, Clinical Entities* and *Technical Issues in Psychodynamic Psychotherapy*. The workshops offered will also allow participants to accumulate credits towards the award of an **Introductory Certificate in Psychodynamic Psychotherapy.**

### **Graham Kavanagh, MA (Cantab.),MA(Oxon.),MS,Phd.**

Dr. Graham Kavanagh is a licensed psychologist and certified psychoanalyst. In addition to being in private practice in Manhattan since 1985, Dr. Kavanagh is a supervisor of psychotherapy in the Doctoral Clinical Psychology program at Columbia University. He is also both teaching faculty and supervisor of psychotherapy at the William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology and was formerly Director Emeritus and Training and Supervising Analyst at the Long Island Institute of Psychoanalysis and Psychotherapy.

From 2004 to 2009 Dr. Kavanagh was Senior Lecturer and Supervisor in the Beijing Psychoanalytic Training Project at Beijing Institute of Technology, where he is an Honorary Professor. He has also been a guest lecturer at Peking University, South Western Normal University and Fudan University.

# Workshop Details

## Day 1 (March 25, 9.30 AM - 5.00 PM) - Developments in Psychodynamic Technique

### Short-Term Psychodynamic Psychotherapy: the Core Relational Theme Model

Short-term psychodynamic psychotherapy is by no means a unified treatment approach. In earlier years, attempts to use a short-term approach have focused on identifying a core psychodynamic conflict, formulated in the language of classical Freudian theory.

Workshop participants will learn an alternative approach that focuses instead on working with a core relational theme or paradigm. This approach does not require adherence to any specific psychoanalytic school of thought and may be used by therapists from different theoretical backgrounds.

Workshop participants will learn both the theory and the practical application of the *Core Relational Theme Model*.

## Day 2 (March 26, 9.30 AM - 5.00PM) - Clinical Entities

### The Etiology and Treatment of Depression: an Interpersonal Psychoanalytic

#### Perspective

The topic of depression is currently the source of significant disagreements between contemporary medical psychiatry and the social sciences, represented by psychology and psychoanalysis. Disagreements concern not only the origins but also the treatment of this the most common of all mental health problems. Participants in this workshop will learn about an Interpersonal Psychoanalytic perspective on depression that avoids making sharp distinctions between depression of a biological origin and depression that has a reactive psychological origin. Instead it is suggested that the various clinical depressive states are interrelated and constitute a continuum of different forms of mental pathology with biological and relational factors inextricably intertwined.

## Day 3 (March 27, 9.30 AM - 5.00 PM) - Technical Issues in Psychodynamic Psychotherapy

### *The Clinical Use of Patients' Dreams in Psychodynamic Psychotherapy*

The workshop will begin by tracing the development of the clinical use of patients' dreams from Freud and Jung through to contemporary Interpersonal Psychoanalysis. The benefits for treatment of paying attention to patients' dream material will be discussed. The use of dreams in clarifying neurotic character styles, promoting affect-oriented therapy and gaining access to dissociated or in-attended psychic material will be emphasized.

A summary outline of the nature of the dreaming process will be suggested, including reference to recent psycho-neurological theories. A straightforward method for approaching clinical work with dreams will be outlined. Dreams will be used throughout to illustrate the various theoretical perspectives and participants are encouraged to bring dreams from their own patients for discussion.

**Day 1 (March, 25, 9.30a.m.-5.00p.m.) {Tues}**  
Developments of psychodynamic techniques

**Day 2 (March 26, 9.30a.m.-5.00p.m.) {Wed}**  
Clinical Entities

**Day 3 (March 27, 9.30a.m.-5.00p.m.) {Thurs}**  
Technical issues in Psychodynamic Psychotherapy

Language: English

Venue: Suite 1203, Island Beverley, 1 Great George  
Street, Causeway Bay, HK

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#### **Important Notes**

\* Applications will be processed on a first-come-first serve basis \* Application will only be secured with payment. \* Fees are non-refundable. \* Note of acceptance will be sent to applicants by email within 2 weeks upon course commencement. \* Course receipt will be distributed to applicants on at the workshop. \* Certificate of Attendance will be presented to participant. If black rainstorm warning signal or typhoon signal no. 8 is hoisted at or after 6:15a.m., any training activity will be cancelled. Details of postponement or other arrangements will be announced afterwards.

# Connexion Psychological Practice Ltd.

## Dr. Graham Kavanagh Workshops Registration Form

**1 Day Workshop**    Day1 (25/3)    Day2 (26/3)    Day3 (27/3)

HKD1,150

HKD1,100   (Early bird before **Sept 30, 2013**)

**2 Day Workshop**    Day1 (25/3)    Day2 (26/3)    Day3 (27/3) (choose two days)

HKD2,200

HKD2,100   (Early bird before **Sept 30, 2013**)

**3 Day Workshop**   **Day 1 (25/3) to Day 3 (27/3)**

HKD3,325

HKD3,175   (Early bird before **Sept 30, 2013**)

Please return the completed form with cheque payable to "**Connexion Psychological Practice Ltd.**" by mail, or in person to the following address:

**Suite 1203, Island Beverley, 1 Great George Street, Causeway Bay, H.K.**

**Title:\***    Professor    Dr.    Mr.    Mrs.    Ms.

**First Name:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_

**Correspondence Address:**  
\_\_\_\_\_  
\_\_\_\_\_

**Tel:** \_\_\_\_\_

**Fax:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Position:** \_\_\_\_\_

(CE & CME points are pending)

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_