

Focusing for Generative Thinking (TAE) MODULE ONE

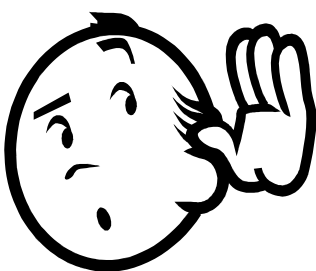
邊緣思考 — 第一階段 (設有中文翻譯)

BY NADA LOU

Focusing For Generative Thinking - TAE MODULE ONE

(April 9-10, 2Day)

People find that THINKING in a Focusing way opens a whole new awareness of their hidden gifts they've been holding inside for years. They are surprised by the discovery of their own untapped wisdom.



During Focusing process something in you changes and that shift becomes a new doorway into your inner world. The shift is preverbal and often remains unused because of poor communication. Focusing for Thinking is a natural evolution of articulating authentically the felt sense that was received from Focusing experience. Focusing for Thinking is a method that promotes the use of Whole Brain and advances your own Generative Thinking into actions.

Focusing for Generative Thinking is a practice for thinking freshly about what you know....but cannot yet articulate ... what you really mean. In a step-by-step process you will learn how to say more and how to use this language as building blocks for your developing projects. Then your new projects can be put into the world with clarity, confidence and success.

The skills from this workshop can be used in many different areas of life: personal development, business meetings, professional proposals, creative writing, family interaction, public speaking, educational events, negotiation skills, mediation, and in endless other ways.

With Focusing for Generative Thinking (TAE) your speaking will become clearer, your writing more inspiring, your communication more stimulating, and your life moving into accomplishing projects that needed new ways of approach.

Take this program if any of these feel right to you, satisfy your desire or need to learn:

- ② You will have an adequate amount of time to practice and soundly ground yourself in the Focusing for Generative (TAE) method.
- ② You will develop unexpected, enriched, enhanced personal power for your involvement in work, studies, creativity, business and life in general.
- ② You will be introduced to working in a partnership that supports YOUR development and enjoy its benefits. You will learn how to support your partner in their project.
- ② You will have an overview of what this new practice can offer to you, providing you with a blueprint you can use in many work and life situations.



Why would you want to learn focusing for generative thinking method?

- 👁️ Is your thinking loaded with too much information and it still does not feel complete?
- 👁️ Do you wish to speak clearly but find yourself lacking the right words?
- 👁️ Is your writing a struggle, you know there is more but you can't get to it?
- 👁️ You feel stuck and don't know how to find the right next step?

Program Objective:

- 📚 Familiarize participants with benefits of Focusing and Thinking methods.
- 📚 Apply felt sensing experientially into personal creative aptitudes.
- 📚 Learn how to use Thinking and Communicating building blocks (method) as Life Skills.

In this course you will learn:

- 📚 To identify what your heart is calling you to do
- 📚 To design and launch your project
- 📚 How to find what inspires you and how to give life to your projects.
- 📚 How to think and use language that is authentic expression of your meaning
- 📚 How to write for yourself and how to write for the public
- 📚 How to use these tools in your work, business, therapy, teaching practices
- 📚 How to get started and keep going



Is this program right for you? Do any of these speak to you?

- *Private projects*** I have an idea about starting a small enterprise, but I don't seem to know where to start.
- *Artistic expressions*** I am a musician, my music flows from me easily, but my lyrics are weak. I know I have more to express but it seems I just don't have the right words.
- *Academic writing*** I am in the process of writing my thesis - I get stuck and discouraged. Ideas come but get jammed into endless loops.
- *Professional proposals*** I want to present a new promising direction for our company, and I would like to prepare my proposal to be credible and professional.
- *Business meetings*** I want to prepare myself for the meeting next week by clarifying many issues that are on the proposed agenda.
- *Personal development*** I know I can have a more successful career, but I need to find what is it that I would be happier to do.
- *Partnership dialogue*** My girlfriend just doesn't get what I mean when I say "commitment" - I need some better way to say it.
- *Family interaction*** In family gatherings, what I have to say is very important. My voice is heard but I am not understood correctly or is misinterpreted. I need a better way to say it.
- *Negotiation skills*** There must be a better system in negotiations than what I am doing. As a business person and educator, I want to find a way to improve this area in my life.
- *Public speaking*** I wish I could find the way to put into words what I know and want to communicate to this group.
- *Education*** My course needs updating. How can I preserve what's important and breathe new life into it?

Nada Lou, Certifying Coordinator

Nada is well known throughout the Focusing world for her double specialty in teaching Focusing and Thinking at the Edge (TAE). Nada is a Focusing Institute Certifying Coordinator who trains those wishing to teach either Focusing or TAE. She has co-presented several TAE workshops with Dr. Gendlin and is in the forefront of spreading this new practice around the world. Nada has given many Focusing and TAE Levels Workshops in her home country of Canada, as well as internationally including Australia, US, Europe, Hong Kong, New Zealand and South America. Author of Grassroots Introduction Manual to TAE and creator of the many DVDs Nada has the ability to gently and patiently nurture each person's inner process. She offers a series of workshops in Focusing and TAE. See more at www.nadalou.com.



Details of Workshop

Focusing for Generative Thinking (TAE) MODULE ONE by Nada Lou

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- ✧ **Language:** English /另設中文翻譯
- ✧ **Date & Time :** April 9-10,2015 (9:30 pm – 5:30 pm)
- ✧ **Venue :** to be advised
- ✧ **Fee:** HKD2,200 (Early bird before Mar6,2015 HK\$2,100)
- ✧ **For Enquiry:** Phone: 2881-8860
- ✧ **Email:** psychology@connexion.com.hk
- ✧ **Website:** www.connexion.com.hk

Important Notes * Applications will be processed on a first-come-first serve basis * Application will only be secured with payment. * Fees are non-refundable. * Note of acceptance will be sent to applicants by email within 2 weeks upon course commencement. * Course receipt will be distributed to applicants on at the workshop. * Certificate of Attendance will

be presented to participant. If black rainstorm warning signal or typhoon signal no. 8 is hoisted at or after 6:15a.m., any training activity will be cancelled. Details of postponement or other arrangements will be announced afterwards.

Connexion Psychological Practice Ltd. Registration Form

Focusing for Generative Thinking (TAE) MODULE ONE By Nada Lou
April 9-10, 2015 (9:30 pm – 5:30 pm)

Please return the completed form with cheque payable to "**Connexion Psychological Practice Ltd.**" by mail, or in person to the following address:
Suite 1203, Island Beverley, 1 Great George Street, Causeway Bay, H.K.

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HK\$2,200 HK\$2,100 ([Early bird before Mar6,2015](#))

需中文翻譯

Title:* Professor Dr. Mr. Mrs. Ms.

First Name: _____

Last Name: _____

Correspondence Address:

Tel: _____ **Fax:** _____

Email: _____

Organization: _____

Position: _____

Signature: _____

Date: _____