

Certificate in Applied Arts Therapy in Practice

Facilitated by

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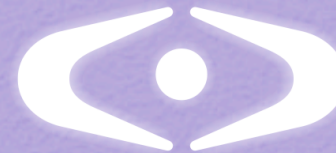
Hosted & Co-sponsored by

Connexion Psychological Practice Ltd. Hong Kong



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Certificate Requirements

Completion of the following is required to obtain a certificate:

5 x four-day intensive experiential training workshops:

1. Clinical Arts Therapy – the healing gift of creativity
2. Who are we? Understanding our cultural identity through exploring rituals and beliefs and their contribution to the preservation and development of culture
3. Trauma and Mental Health
4. Safeguarding children, adults and communities
5. Supervision and clinical skills

Optional additional modules 2014 – (these can be used as credits to enable participants to complete the certificate over a longer time period)

6. The landscape of the imagination, dreams & fantasy
7. The Therapeutic Relationship in Arts Therapy
8. Group process and dynamics
9. The Ethics of Professional Therapeutic Practice



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Workshop Content

1. Clinical Arts Therapy – the healing gift of creativity

Foundations and principles of safe and effective therapeutic practice, the therapeutic relationship and the essence of being therapy.

2. Who are we? Understanding our cultural identity through exploring rituals and beliefs and their contribution to the preservation and development of culture

An exploration of the clinicians' understanding of the influences on the development of identity, culture and beliefs as critical in treating a range of emotional, psychological and mental health issues.

3. Trauma and Mental Health

Exploring how traumatic life events impact us and the difference Arts Therapy can make in restoring our psychological health. Consideration of Eastern & Western models of understanding Mental Health and application into practice in a range of clinical settings.

4. Safeguarding children, adults and communities

Child protection, sexuality, understanding the impact of abuse and consideration of the implications of human trafficking and other risks for children and communities

5. Supervision and clinical skills

N.B. Each training module is experiential and process led and will have the generic core content of: creativity - developing the artist within, Arts Therapy Skills, clinical skills development, personal development and group process.



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Certificate Requirements

The Certificate Programme also requires a supervisory requirement of 10 sessions of supervision on one client or group where the learning from this course and evidence of Arts Therapy applied into practice. A case study will also be submitted on this work at the end of the last training module.

Supervision sessions can be either individual or in a group. Fees for supervision sessions are (\$1000 HK individual and \$500 per group session providing there are a minimum number of participants)

Those who are not able or intending to apply Arts Therapy into practice may still be able to achieve the certificate through submission of a creative therapeutic project on their personal and professional development during the course.

This course can be used for supervision and training hours towards longer term professional training in Arts Therapy.



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Course Outcomes:

1. Gain confidence and competence in the use of the arts in therapy and creative expression.
2. Explore culture, identity, beliefs and their impact on individuals and communities.
3. Develop a deeper understanding of the effects of trauma and the impact on mental health
4. Increase knowledge and understanding on safeguarding children, adults and communities
5. Gain supervised experience in the therapeutic application of the arts with clients.
6. Develop skills in the use of the arts in therapy and counselling.
7. Increase self-awareness and nurture personal growth

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